



LACROSSE STORE FALL HOURS:

Monday-Thursday : 2:00pm-6:00pm

Saturday: 9:00am-3:00pm

Friday & Sunday: Closed

WEBSITE



A Successful Start to 2017-2018!

Next Level Lacrosse began the 2017-2018 lacrosse year on another high note this fall. With over 600 boys and girls attending travel team tryouts, the Spartans start the year with 12 boys teams and 6 girls teams.

These teams are being coached this year by a phenomenal lineup of coaches. New additions to the staff come with experience in coaching and playing at the highest levels locally and nationally. Examples include [Jason Murphy](#), [Maddy Lynch](#), [Matt Hickman](#), [Danny Phillips](#), [Kristin Semones](#), [Max Rosner](#), and [Erin Slifer](#).

What's the Latest?



CONNOR MACDONALD/DEF
The Heights - 2019



MAX WHITTIER/ATTACK
Gonzaga - 2019

Our high school programs have



ROBBIE BOWELL /MIDFIELD
The Heights - 2019

been busy with college commitments, visits, and phone calls. This fall has been highlighted by (clockwise from top left) Connor MacDonald (D, The Heights - 2019) committing to Jacksonville University, Max Whittier (A, Gonzaga - 2019) committing to St. Joseph's, and Robbie Bowell (M, The Heights - 2018) committing to Washington College. All great examples of hard work paying off. Congrats to these young men!



Next Level always decks its teams out in the freshest gear! Check out what the boys and girls will be wearing for the 2017-18 seasons. A huge shout out to Adrenaline Lacrosse who made the team uniforms. Our new partnership with Adrenaline means our teams will be sporting awesome uniforms and great-looking gear all year long!

Our high school players are always updating their highlight videos to market themselves to college coaches. Check out some of the latest videos of our young studs below:

1. [Kyle Davies](#) (M, St. Albans - 2020)
2. [Joe Callahan](#) (M, The Heights - 2020)
3. [Clay Weiss](#) (M, Georgetown Prep - 2020)
4. [Liam Murray](#) (D, The Heights - 2019)
5. [Doane Kiechel](#) (M, Gonzaga - 2020)
6. [Henry Barbour](#) (D, Gonzaga - 2019)
7. [Lucas Andersen](#) (G, Landon - 2020)
8. [Joey Graham](#) (A, Landon - 2020)
9. [Seamus Graham](#) (G, Wootton - 2019)
10. [Cooper Johnson](#) (M, Landon - 2020)
11. [Ryan Giles](#) (LSM, Landon - 2020)



Chris Wychock and Lori Lindsey of [Capital Performance Training](#) have done a fantastic job training our players this fall. With lacrosse-specific speed and strength training clinics for our boys and team training sessions for our girls our players are learning how to become bigger, faster, and stronger in order to compete at the highest levels.

This year our girls program has its first ever 1st/2nd grade team and coaches Courtney and Kim already have this young group of stars playing at a high level. They are currently undefeated in the Bethesda Fall Lacrosse League and are showing skill and effort well beyond their years. Congratulations, girls!

Save the Date...

*for a special cocktail party
at Next Level!*

When: Saturday, March 3rd, 2018

*Where: Next Level Facility
5420 Butler Road, Bethesda MD 20816*

Details to Follow

More Spartan Highlights

- Stephen Bickel (2019 - A, St. Andrew's) has been busy this fall with visits to Monmouth University and Robert Morris University. A great player, an even better young man, and a bright future!
- The DMV Premier Lacrosse Leagues has been busy running the most competitive high school fall league in the area. With [YOUTH](#) and [HIGH SCHOOL](#) winter box leagues right around the corner, the fourth annual [March Kickoff Invitational](#), and the inaugural President's Cup summer tournament, DMV Premier remains focused on providing the best leagues and tournaments in the area.
- Our travel teams are preparing to compete in the most competitive fall tournaments around: MD Lacrosse Tournament, Battle on the Bay, Fall Terrapin Classic, Terps Fall Classic, Inside Lacrosse Fall Invitational, National Fall Lax Fest, and others. Good luck to all the teams!
- NL 2023 hopes to represent the program and the area in the World Series of Youth Lacrosse this summer. Good luck to Coaches Dave Mitchell and Ryan Whyte and this stud-filled squad!
- Thank you to Coach Deemer Class for putting on a phenomenal shooting clinic for our high school boys this fall!
- Another successful season of Little & Big Spartans programs has just two weeks

Meet the Coaches - Maddy Lynch



When did you first pick up a lacrosse stick?

Started playing lacrosse as soon as my town started offering it, which was 4th grade for me. So that's 2004. Parents didn't know a thing about the game so we all learned together. My mom and dad would use a baseball glove to throw the ball around with me.

Did you have a nickname in high school or college?

I've had a few. The most clever was probably in college. Mad-Eye Moody. The team was a bunch of Harry Potter nerds. Also been called Mad-dog and Laddy Mynch.

Why did you decide to get involved in coaching lacrosse?

I spent a year after college thinking I needed to detox from the high-octane lacrosse environment I'd been in during my 4 years of college. I ended up missing it quite a bit. This opportunity sort of fell into my lap when a friend from college who went to Landon passed along the information. I got in touch with my former teammate, best pal, and co-coach Erin Slifer and we both thought this would be a great way for us to be back on the field together and, more importantly, pass along all the great teaching we were fortunate enough to get as we were developing our skills. I consider myself extremely lucky because I've had a series of really wonderful coaches who are still involved in my life today. And lacrosse has given me some of my best friends and favorite memories. If I can give someone a fraction of all the good things lacrosse has given me, I'll be happy.

Winter Clinics are Open!

The great Vince Lombardi once said "the only place success comes before work is in the dictionary," and there is no better place to avoid the cold and put in the work than Next Level's indoor facility! Our winter clinics are led by our very best coaches and are designed to get your son or daughter ready to succeed in the spring. Please click on the images below for a more detailed description of each training session. Space is limited and available spots will sell out quickly, so act now!

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