



WINTER HOURS

Monday & Tuesday: 11:30am-5:30pm
Wednesday & Thursday: 11:30-2:00pm
Saturday: 10:00am-5:30pm
Friday & Sunday - CLOSED

WEBSITE



Setting Goals for 2019

Next Level Lacrosse is constantly searching for ways to improve our player's experience. With 2019 underway, here are just a few of our New Year's resolutions:

- (1) Set a program record for college commits. We had 14 players commit to play college lacrosse in 2018, including D1 programs like Harvard, Michigan, Georgetown, Lehigh, and Richmond; and D3 programs like Washington & Lee, Denison, Trinity, Colorado College, and Gettysburg. The talent pool on our travel teams is deeper and better than ever and we are perfecting our system to maximize exposure to the top colleges and universities in the country.
- (2) Continue to train and improve our group of [Boys Coaches](#) and [Girls Coaches](#). A Next Level coach is more than a lacrosse instructor. He or she is a mentor, an example, and a resource for our players. We want our staff to help your son or daughter become a better lacrosse player and person, and we are implementing new habits and strategies to make it happen.
- (3) Grow the game. In 2018, we offered our first on-campus satellite lacrosse clinics (we come to you!), we formed a partnership with Prince George's Pride Lacrosse to help offer lacrosse opportunities in underserved areas, and we expanded our summer camp options from 2 sessions to 5, including 2 new locations.

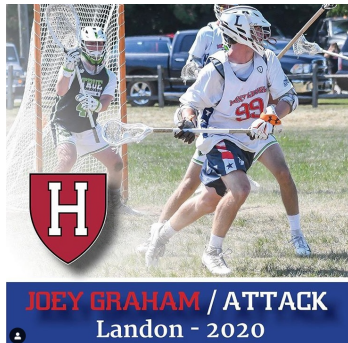
We are very proud of the programs we offer, and we promise to stay true to our mission of providing a terrific lacrosse experience that is intensely focussed on **player development** and **character formation**.

What's the Latest?

With over 60 players and family members present, Next Level was well-represented at [Project Giveback](#) this past Thanksgiving. [NL 2024 Blue](#) player, Anthony Bardonille (LA), was [INTERVIEWED](#) on WUSA9. LA spoke about some of the lessons he learns from his coaches. We are very proud of all our players who are giving back to their communities!



CONGRATULATIONS to the latest college commits: Joey Graham (Landon - 2020) to Harvard University, Doane Kiechel (Gonzaga - 2020) to University of Michigan, and Brendan O'Berry (Gonzaga - 2020) to University of Richmond!



Mission: To use lacrosse as a platform to support American veterans and foster community engagement.

About: Shootout for Soldiers is a 24-hour lacrosse event to raise money for wounded American veterans that is comprised of 24, 1-hour games in a row. It is not a tournament, but a charity event with a running score between the "Stars" and "Stripes" with the ultimate goal of bringing the community together around a common cause and

fundraising to support our nation's bravest.

Date/Location: D.C. Shootout for Soldiers will take place at Georgetown Prep, beginning at 7 PM July 26 and going until 7 PM July 27.

Additional Info: Event is open to men's and women's teams of all ages. Games can be traditional or non-traditional (ex. non-traditional: all goalie game, stick swap girls vs. boys, parents/coaches vs. kids, costume game, etc.)

For further questions/details please reach out to courtney@nextlevelspartans.com

The boys and girls programs had a successful fall 2018 season. Some highlights include:

- [Next Level 2030/2029](#) went undefeated in their fall league and finished 1st in the Bethesda Play-Day.
 - [Next Level 2028](#) went undefeated in the Hogan Fall Brawl, outscoring opponents 20-4 in 3 games.
 - [Next Level 2028/2027](#) went undefeated in their fall league.
 - [Next Level 2026](#) went undefeated in the Hogan Fall Brawl, outscoring opponents 17-8 in 3 games.
 - [Next Level 2025 Red](#) went an impressive 6-0-1 overall.
 - [Next Level 2024 Blue](#) went 7-2-2, including hard-fought wins over Annapolis Hawks, FCA Maryland, and LI Express North.
 - Our high school teams ([2020](#), [2021](#), and [2022](#)) were a combined 21-7-2 in fall tournaments, highlighted by a fantastic 6-0 record for our 2020's in the Fall Terrapin Classic with wins over programs like NH Tomahawks, Rising Sons, Sweetlax FL, and Laxachusetts.
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Latest Highlight Videos:

[Clay Weiss, Midfield, Gonzaga, 2020](#)

[Peter Roegge, Defense, Whitman, 2020](#)

[Andrew O'Berry, Midfield, Gonzaga, 2020](#)

[Gus Weiner, Attack, Bullis, 2020](#)

[Johnny Stanton, Attack, Gonzaga, 2021](#)

[Alex Anastassopoulos, Defender, Landon, 2021](#)

[Sean McCarthy, Goalie, Gonzaga, 2021](#)

More Spartan Highlights

- DMV Premier Lacrosse Leagues' [Winter Indoor League](#) is off to a great start. Held at the Rockville Sportsplex, the league plays host to 20 high school teams (including St. Albans, Landon, Whitman, Quince Orchard, The Heights, Flint Hill, and Next Level) and 25 youth teams (including BLC, Lionheart, 3d Virginia, DC Express, and Next Level).
- DMV Premier is also gearing up for its annual [March Kickoff Invitational](#), a preseason tournament with a high level of competition. With commitments from programs like Crabs, Hawks, VLC, Cannons, Eastside, Top Caliber, BLC, Cavalier, Team Carolina, and Primetime, 2019's tournament should be the best one yet!
- It's never too early to start preparing for summer, and Next Level Lacrosse has you covered with its [Boys Lacrosse Camps](#), [Girls Lacrosse Camp](#), [Sports Camp](#), and [Jr. Sports Camp](#)!
- We are excited to offer our first ever girls [High School Tryout Tune-up Camp](#)! What better way to shake the rust before your school's tryouts than training with our fantastic coaches.

SAVE THE DATE

for the 2nd annual social
in support of



THE NEXT LEVEL FOUNDATION

we hope you will join us on

**SATURDAY
MARCH 2** @ **Caddies**
Bar and Grill

official invitation to follow!

SPRING 2019 FREE ORIENTATION!

THURSDAY, FEBRUARY 21ST 4-5PM
OR FRIDAY, FEBRUARY 22ND 4-5PM

NEXT LEVEL ATHLETIC FACILITY
5420 BUTLER ROAD, BETHESDA, MD 20816

Check us out & see if your child is ready to join the



Orientation is open to boys and girls (age 4.5-7) who are brand new to lacrosse.
TO RESERVE YOUR SPOT, EMAIL COURTNEY@NEXTLEVELSPARTANS.COM
Sign up with a friend for a spring LaxKids clinic & receive 10% OFF!

Meet the Coaches - Conor Jordan (2023 Red Head, 2026 Asst.)



Meet Conor, a 2016 graduate of St. Mary's College in Maryland where he started at attack for all four years. Conor is currently a teacher full-time.

Q. Having played at St. Mary's, what advice would you give to players deciding whether or not they want to play college lacrosse?

A. The skill that sports has always helped me develop and use the most was time management. At the college level, honing your time management skills is crucial due to the busy schedule of an athlete. During the season, I had to ensure that I was devoting time to both my studies and bettering myself on the field. Also, ensuring that I improved my lacrosse skills meant waking up for 6 am practice, and lifting at the gym before class. It was demanding, but I wouldn't trade it for the world and the experience has helped me in my professional and personal life.

Another facet I loved about college lacrosse was the camaraderie within the team. Entering your freshman year can be daunting, but choosing to play lacrosse in college gave me the chance to start school with a group of 50 friends. Over the years these friendships grew as we went through the different school and team activities together. My teammates also served as great mentors to me both on and off the field.

Q. What do you love most about coaching?

A. Lacrosse helped me develop into the man I am today, and much of that is due to the great coaches I had growing up. Coaching with Next Level has given me the opportunity to work with boys from the age of 8-18, and it is amazing to see the development from kids starting their lacrosse journey, to young men preparing to give their best in an attempt to be recruited to play at the college level. All the while, I have been able to share time with them at different moments of their journey and pass along advice in a way to allow them to continue developing in their path to becoming great men on and off the field.

Q. What is your most memorable moment playing lacrosse?

A. May 5, 2013 was the best day of my lacrosse career. It was the CAC Conference championship: my team, St. Mary's, at the home of the giants of the CAC: Salisbury. We had just beaten York College in the semis, so we were ready to take on the team that had beaten us on our field 15-4 in the regular season. It was my Freshman year.

The game was an absolute battle. We took the lead early, and maintained it until the seven minute mark in the second quarter. Soon after, Salisbury came back and got ahead by one, then two, then three. It wasn't until seven minutes left in the fourth that we were able to recapture the lead, and I was able to make my mark on the game. I got a step on my defender twice and notched two goals in a minute. These were the tying and the go-ahead goal. We were able to maintain our lead and score another insurance goal, before Salisbury was able to net another to encroach on our two goal lead. In the final minute Salisbury made one last push to tie up the game, but our defensive captain was able to quell this attempt and secure the victory. As the seconds ticked to zero, I felt like I was in a dream. My team was storming the field, at Salisbury, to celebrate victory and the automatic bid to our first ever NCAA tournament at St. Mary's.

Spring Clinics

Team practices focus on the coaches' schemes as he puts his players in a position to win as a group. Our spring clinics, however, are aimed to help improve individual skills, and are a terrific complement to team practices.

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[BOYS CLINICS](#)
[GIRLS CLINICS](#)
[LAXKIDS CLINICS](#)

Spring Little & Big Spartans

These programs are divided into three divisions: Little Spartans (K-2nd Grade), Big Spartans Red (3rd-4th Grade), and Big Spartans Blue (5th-6th Grade). There are 30-45 minute team skills practices before 45-60 minute scrimmages. Our objective is to provide a safe and fun learning environment where coaches can introduce and develop the various team and individual skills of lacrosse.

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[BOYS LITTLE & BIG SPARTANS](#)
[GIRLS LITTLE & BIG SPARTANS](#)

Summer Lacrosse Camps

Next Level puts on the best lacrosse camps in the area; and with three convenient locations, the fun and the training are more accessible than ever! Register today for a week packed with instruction, games, competition, and laughs!



- [BOYS LACROSSE CAMP @ THE HEIGHTS](#)
- [BOYS LACROSSE CAMPS @ LONDON](#)
- [GIRLS LACROSSE CAMP @ LONDON](#)
- [BOYS LACROSSE CAMP @ ST. ALBANS](#)

Summer Sports Camps

Beat the HEAT with our indoor sports camps! The campers participate in a wide variety of fun games, such as flag football, dodgeball, laser tag, bubble ball, and so much more!
Half and full-day options available!

- [SPORTS CAMP](#)
- [JR. SPORTS CAMP](#)

[WEBSITE](#) ~ [BOYS](#) ~ [GIRLS](#)

