



SPRING HOURS

Monday - Thursday: 10:00am-2:00pm

Saturday: 9:00am-12:30pm

Friday & Sunday - CLOSED

WEBSITE



The Future is Bright!

The spring seasons for our lower and middle school girls and boys teams are well underway, and although there are many Next Level Teams doing BIG things, the youngest and smallest Spartans might be stealing the show!

[Girls 2030/29](#) are still undefeated in the MGLL League!

[Girls 2028/27](#) are currently sitting in 1st place in the MGLL League with a 5-0 Record!

[Boys 2029s](#) are currently sitting in 4th place in HOCO League with a 3-2 Record!

[Boys 2028s](#) are currently in 2nd place in HOCO League with a 4-1 Record!

[Boys 2027s](#) are currently in 2nd place in HOCO League with a 4-0 Record!

Good luck to all of our teams the rest of the way!

How about those high school boys?

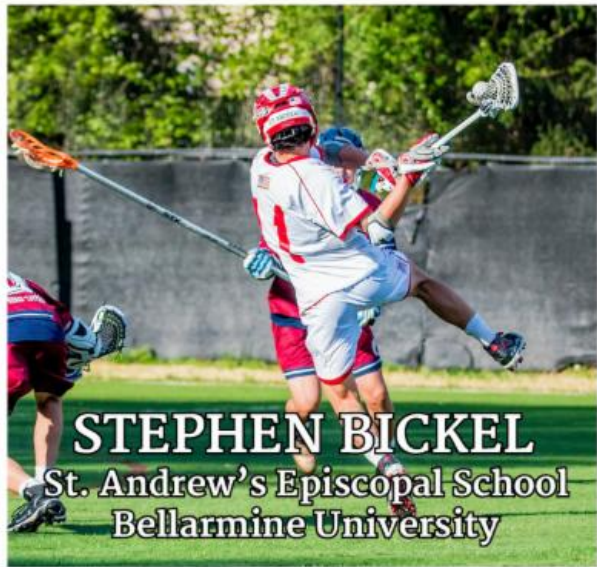
Let's take a look at some of Next Level's college commits and how they are performing during important games this spring for their high school teams:



LEFT: 2020 Attack Joey Graham tallied 6 goals & 2 assists against Cardinal Gibbons (NC)
RIGHT: 2020 Attack TJ Haley tallied 3 goals & 5 assists against Bishop O'Connell



LEFT: 2020 Midfield Doane Kiechel tallied 3 goals & 1 assist against Canisius (NY)
RIGHT: 2019 Attack Max Whittier tallied 2 goals & 2 assists against Bullis



LEFT: 2019 Attack Chase Noah tallied 5 goals and 3 assists against Blue Ridge (VA)
RIGHT: 2019 Attack Stephen Bickel tallied 5 goals and 2 assists against St. Viator (IL)



LEFT: 2019 LSM Boots Lackey picked up 8 GBs and caused 2 turnovers against DeMatha
RIGHT: 2020 LSM Brendan O'Berry scored a huge goal against Georgetown Prep



CONNOR MACDONALD
The Heights School
Jacksonville University



NOLAN SHEEHAN
The Heights School
Assumption College

LEFT: 2019 LSM Connor MacDonald tallied 2 goals and 4 GBs against Paul VI
RIGHT: 2019 Attack Nolan Sheehan tallied 4 goals and 1 assist against Good Counsel

Spartans Giving Back



Mission: To use lacrosse as a platform to support American veterans and foster community engagement.

About: Shootout for Soldiers is a 24-hour lacrosse event to raise money for wounded American veterans that is comprised of 24, 1-hour games in a row. It is not a tournament, but a charity event with a running score between the "Stars" and "Stripes" with the ultimate goal of bringing the community together around a common cause and fundraising to support our nation's bravest.

Date/Location: D.C. Shootout for Soldiers will take place at Georgetown Prep, beginning at 7 PM July 26 and going until 7 PM July 27.

Additional Info: Event is open to men's and women's teams of all ages. Games can be traditional or non-traditional (ex. non-traditional: all goalie game, stick swap girls vs. boys, parents/coaches vs. kids, costume game, etc.)

For further questions/details please reach out to courtney@nextlevelspartans.com

More Spartan Highlights

[Boys 2023 Red](#) are currently in 1st place in HOCO League with a 5-0 Record!
[Boys 2025 Red](#) are currently in 4th place in HOCO League with a 3-2 Record!

With close to 60 teams representing over 15 different programs, the 5th annual March Kickoff Invitational was the best one yet! An unexpected snow storm blew in the night before, but the DMV Premier League Directors were up early to clear the way, and the weather was great the rest of the weekend. Thank you to all

the programs that joined us and we can't wait to host you against in 2020!



The boys and girls programs have an exciting summer tournament schedule planned!
They will be seeing elite competition in the following events:

- [Platinum Cup](#) (2020, 2021, 2022, 2023 Blue, 2024 Blue)
 - [Summer Showcase](#) (2020/2019, 2022/21, 2026/25, 2028/27)
 - [Summer Classic](#) (2023/24)
 - [NXT Blue Hen](#) (2023 Red, 2024 Red, 2025 Blue, 2025 Red, 2028)
 - [Crabfeast](#) (2020, 2021, 2022, 2023 Blue)
 - [Summer Getaway](#) (2023 Red, 2024 Red, and 2025 Red)
 - [Laxin' Out Loud](#) (2020/29, 2022/21 Red)
 - [Denver Shootout and Vail Tournament](#) (2026)
 - [2023 Summer Invitational](#) (2023 Blue)
 - [Beach Blast](#) (2022/21 Blue, 2023/24, 2026/25, 2028/27)
 - [Bay Bridge Brawl](#) (2023 Red, 2026, 2028, 2029)
 - [NXT Cup](#) (2027)
 - [Rising 8th National Championship](#) (2024 Blue)
 - [Naptown National Challenge](#) (2020, 2021, 2022, 2025 Blue)
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Girls 2028/27 attended an awesome college game between University of Maryland and Georgetown University and these talented Lady Spartans were able to play on Georgetown's Stadium Field at half time. This was an incredible experience for the girls, and we will be back next year!

Meet the Coaches - Erin Slifer (2025/26 Head Coach)



Meet Erin, a Princeton Tiger who was awarded "Ivy League Midfielder of the Year" and was named to the "Tewaaraton Watch List," an award given

annually to the most outstanding men's and women's college lacrosse players.

Q. When did you first pick up a lacrosse stick?

A. I first picked up a lacrosse stick when I was five years old. I played for Freedom Lacrosse in Sykesville, MD and coincidentally had the same coach for the next thirteen years.

Q. Did you have a nickname in high school or college?

A. In college, I played with 3 other Erin's so my nickname became my last name, Slifer, or shortened to Slife.

Q. Where is the coolest place you've traveled?

A. My sophomore year of college my team travelled to Malta. Its a small island in the Mediterranean and we got to see where some Game of Thrones scenes were filmed.

Q. What do you love most about coaching lacrosse?

A. I love being able to give back to the sport that gave me so much, and help the next generation fall in love with the sport.

Summer Clinics

Team practices focus on team strategy, and inputting concepts and plays to win as a group. Our Summer Clinics, however, are aimed to help improve individual skills, and are a terrific complement to team practices.

[BOYS CLINICS](#)
[GIRLS CLINICS](#)

Summer Lacrosse Camps

Next Level puts on the best lacrosse camps in the area; and with three convenient locations, the fun and the training are more accessible than ever! Register today for a week packed with instruction, games, competition, and laughs!



[BOYS LACROSSE CAMP @ THE HEIGHTS](#)
[BOYS LACROSSE CAMPS @ LONDON](#)
[GIRLS LACROSSE CAMP @ LONDON](#)
[BOYS LACROSSE CAMP @ ST. ALBANS](#)

Summer Sports Camps

Beat the HEAT with our indoor sports camps! The campers participate in a wide variety of fun games, such as flag football, dodgeball, laser tag, bubble ball, and so much more! Half and full-day options available!

[SPORTS CAMP](#)
[JR. SPORTS CAMP](#)

[WEBSITE ~ BOYS ~ GIRLS](#)

