



FALL STORE HOURS

Tue, Wed, Thu, & Sat: 10:00am-3:00pm

or

[VISIT OUR NEW ONLINE STORE](#)

[WEBSITE](#)



Next Level Lacrosse - Then and Now

The Next Level Family has experienced remarkable growth over the past two years. Here are a few comparisons between 2017 and 2019:

2017

- 9 Boys Travel Teams
- 5 Girls Travel Teams
- 3 HOCO League Final Four Playoff Teams
- 0 HOCO League Championships
- 3 Summer Tournament Championships
- 5 College Commits
- 450 Tryout Participants
- 1 Summer Camp

2019

- 14** Boys Travel Teams
- 9** Girls Travel Teams
- 7** HOCO League Final Four Playoff Teams
- 2** HOCO League Championships
- 8** Summer Tournament Championships
- 19** College Commits
- 735** Tryout Participants
- 5** Summer Camps



Spartan College Commitments

Congratulations to our latest crop of college commits, including:



HARRISON OEHLER / DEFENSE
Richard Montgomery - 2020

Harrison Oehler (D, Richard Montgomery)
- University of Utah



CLAY WEISS / MIDFIELD
Gonzaga - 2020

Clay Weiss (M, Gonzaga College HS) -
University of Vermont



PETER ROEGGE / DEFENSE
Whitman - 2020

Peter Roegge (D, Walt Whitman) - College
of the Holy Cross



KEVIN CHRISTMAS / ATTACK
Georgetown Prep - 2020

Kevin Christmas (A, Georgetown Prep) -
Tufts University



COOPER JOHNSON / MIDFIELD
Landon - 2020

Cooper Johnson (M, Landon) - Ohio
Wesleyan University

Travel Team Success

Here are some highlights of our boys and girls competing in the best fall tournaments around:

NL2028 earned a 3-0 record in the Maryland Lacrosse Tournament

NL2025 Red earned a 2-0 record in the Maryland Lacrosse Tournament

NL2025 Blue earned a 6-0-1 record at the Maryland Lacrosse and Battle on the Bay Tournaments

NL2024 Blue earned a 4-2 record this fall with several games canceled due to rain

Girls NL2028 went undefeated in the 2027/2026 division of their fall league and went undefeated and were division champs at the Great Pumpkin Shootout!

NL2021 Blue, NL2022 Blue, and NL2023 Blue are preparing for two of the best fall recruiting tournaments in the country:
Fall Terrapin Classic and Inside Lacrosse Invitational

Our Girls Teams are excited for a great lineup of fall tournaments in November, including the MidAtlantic Showcase, National Fall Lax Festival, Terps Fall Classic, Laxin' Out Loud, and Lax Clash. Good luck Lady Spartans!



More Spartan Highlights

Next Level had record breaking numbers at tryouts this year, with over 735 participants between the boys and girls programs. With 14 boys teams and 9 girls teams, the Spartans are busier and more competitive than ever.

Best of luck to all the players and coaches this year!

The Next Level Lacrosse Store has gone ONLINE!

Whether gearing up for clinics or buying the perfect birthday or holiday present, save yourself a trip by looking through our inventory with the click of a button and ordering great looking hats, sweatshirts, helmets, mesh, and much more.

Since merging with Prince George's Pride Lacrosse, Next Level players and coaches have been fortunate enough to work with talented, hard-working young laxers from PG County. These clinic participants are impressive young men who have fallen in love with the sport, and we are fortunate to be able to help them become better players and individuals.

This partnership has a very bright future!



Check out some of our latest highlight videos:

[Nicholas Kopp \(FO, Landon - 2021\)](#)

[Johnny Stanton \(A, Gonzaga - 2021\)](#)

[Sean McCarthy \(G, Gonzaga - 2021\)](#)

[Jared Scheinberg \(A, Richard Montgomery - 2021\)](#)

[Eric Mollard \(D, Churchill - 2021\)](#)

[Jason Lach \(A, St. Albans - 2021\)](#)

[RJ Rusnak \(LSM, Georgetown Prep - 2021\)](#)

[Beau Burns \(M/FO, Sidwell Friends - 2021\)](#)

[Alex Thal-Larsen \(M, St. Johns \(DC\) - 2021\)](#)

[Alex Anastassopoulos \(D, Landon - 2021\)](#)

[Bo Humiston \(M, Churchill - 2021\)](#)

[Jesse Delinsky \(A, Sidwell Friends - 2022\)](#)

[Ben Keppler \(G, Sidwell Friends - 2022\)](#)

[James DiOrio \(A, Georgetown Prep - 2022\)](#)

[Tommy Gross \(G, The Heights - 2022\)](#)

[Owen Calderone \(M, Landon - 2022\)](#)

[Jacob Williams \(D, Yorktown - 2022\)](#)

Meet the Coaches - Julianne Pham



Q. When did you first pick up a lacrosse stick and what do you love about the sport?

A. I first started playing lacrosse during my freshman year of high school. Growing up in Georgia, lacrosse wasn't the most well-known sport at the time. In middle school, I moved to North Carolina where one of my friends was really into lacrosse and told me try it out, so I did! One of my favorite things about lacrosse is the culture and camaraderie that comes along with it. It also is such an amazing team sport that teaches players so many great life lessons on and off the field.

Q. Did you have a nickname in high school or college?

A. In college, everyone called me Ju because Julianne took too long to say during a game with a mouth guard in. At first I hated it, but after a while, it stuck. After I graduated, it was weird when people in the workplace started calling me by my actual name.

Q. Coolest place you've traveled?

A. This past summer, I took a two-week-long trip with my family to Paris, London, Amsterdam and Milan. It was definitely one of the coolest trips I've ever taken.

Winter Clinics

Whether your child is looking to learn the game of lacrosse for the first time or looking to supplement travel team practices, we offer a wide variety of clinics for players of all ages and skill levels. Train with elite coaches in our 10-week indoor programs this fall!

[BOYS CLINICS](#)
[GIRLS CLINICS](#)
[LAXKIDS CLINICS](#)

Little & Big Spartans Indoor Training Programs

Next Level Lacrosse is excited to host its first ever Little & Big Spartans Indoor Training Programs this winter. Little & Big Spartans is a great option for introductory to intermediate players looking for elite instruction and meaningful game-play in a fun and positive environment. Players will now have the opportunity to continue playing with classmates and friends during the winter months!

[BOYS LITTLE & BIG SPARTANS INDOORS](#)
[GIRLS LITTLE & BIG SPARTANS INDOORS](#)

Explosive Strength & Speed Training

Work with certified trainer Victor Faustino to develop your son's strength and speed. The training will be specific to lacrosse, and will help players develop the technique and strength to be explosive on the field. Lacrosse is a game of inches, and this clinic will help your son get to the groundball first, close the hips on defense around GLE,

or explode out of a split dodge to beat an on-ball defender.

[STRENGTH & SPEED - Winter 2019-20](#)

[WEBSITE](#) ~ [BOYS](#) ~ [GIRLS](#)

